

# *Firebirds Track Club Coach Recruiting Program*

*Do you enjoy track and field?  
Are you interested in coaching?*

**In-house coaches training  
Become a certified USATF coach  
Learn the scientific way of running  
Learn current coaching techniques  
Coaches training expenses partially covered  
Receive coaches shirt & hat  
Mentored by a Level 1 USATF coach  
Upcoming USATF training class (TBA)**

## ***Sign-up today***



**How to Apply:  
Call: 301-606-4046  
email: [firebirdstc@gmail.com](mailto:firebirdstc@gmail.com)  
[www.firebirdstrackclub.com](http://www.firebirdstrackclub.com)  
(click on the coaches section)**